

Sports and activities Camp

Day	Morning	Lunch	Afternoon	Evening meal	Evening
1	Group arrive collection from airport or ferry port	Restaurant on site	Arrive at accommodation & unpack and orientation games around the site	Dinner on centre in restaurant with other youth groups	Welcome evening, meal & Games
2	High & Low ropes course	Restaurant on site	All Terrain Boards & Aeroballing	Dinner on centre	Initiative night
3	Parachute games & orienteering	Restaurant on site	Kayaking	Dinner on centre	I.T. Night
4	Quad-bikes	Packed lunch	Walk into local town afternoon visits & shopping	Dinner on centre	Night Walk
5	Climbing & Abseiling	Restaurant on site	Team challenge & fencing	Dinner on centre	Football tournament
6	Mountain bike activity	Restaurant on site	Zip wires & ball sports	Dinner on centre	Night orienteering
7	Water Sports day Dragon Boating & Kayaks	Packed lunch	Water Sports day Dragon Boating & Kayaks	Dinner on centre	Swimming evening
EDINBURGH 8	9.00 Transfer to Edinburgh & Orientation	Packed Lunch	Orientation around the city centre, followed by a visit to Edinburgh Castle	Restaurant in town centre Pizza & pasta	Free chilling night
9	National museum of Scotland	Chinese Restaurant	Tourist Activities & some free time	Restaurant in town centre for a typical British meal	Last night-party night - Bowling in Edinburgh centre
10	Pack up & transfer to airport		Group departs		